



# EVERGREEN Disability Care



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## TUNA PASTA WITH VEGGIES

PRICK & MICROWAVE  
FOR 6 MINUTES



### Ingredients

Sauce (Water, Tuna (9.5%) (Tuna, Spring Water, Vegetable Broth (Soybean, Carrot, Celery), Salt), Peas (6%), Sweetcorn (6%), Cream, Modified Maize Starch, Cheddar Cheese (2.0%) (contains Milk), Parmesan Cheese (2.0%) (contains Milk), Onion (1.5%), Salt, Garlic, Natural Flavouring (contains Milk), Yeast Extract, Parsley, Black Pepper), Cooked Pasta (27%) (Water, Durum Wheat Semolina)

### Nutrition

Serving Size: 375g

	Quantity per Serving	Quantity per 100g/100mL
Energy	Approx. 1380kJ	Approx. 368kJ
Protein	Approx. 21g	Approx. 5.6g
Fat, Total	Approx. 9.4g	Approx. 2.5g
-Saturated	Approx. 5.3g	Approx. 1.4g
Carbohydrate	Approx. 38.3g	Approx. 10.2g
-Sugars	Approx. 3g	<1g
Dietary Fibre	Approx. 3g	<1g
Sodium	Approx. 885mg	Approx. 236mg



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