



EVERGREEN Disability Care



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CHICKEN KORMA

PRICK & MICROWAVE
FOR 9 MINUTES



Ingredients

Cooked Rice (Water, Rice), Korma Sauce (39%) (Water, Onion (9%), Tomato Paste, Cashew Paste (2%), Butter, Canola Oil, Milk Solids (Soy),Thickener (1422), Spices, Ginger, Garlic, Salt, Sugar, Herbs, Inulin), Marinated Cooked Chicken (13%) (RSPCA Approved Chicken, Water, Sugar, Potato Starch, Salt, Corn Starch, Spices), This Product contains 13% Cooked Chicken

Nutrition

Serving Size: 375g

	Quantity per Serving	Quantity per 100g/100mL
Energy	Approx. 2120kJ	Approx. 566kJ
Protein	Approx. 20.6g	Approx. 5.5g
Fat, Total	Approx. 16.1g	Approx. 4.3g
-Saturated	Approx. 5.3g	Approx. 1.4g
Carbohydrate	Approx. 67.5g	Approx. 18g
-Sugars	Approx. 3.8g	Approx. 1g
Dietary Fibre	Approx. 3.4g	<1g
Sodium	Approx. 653mg	Approx. 174mg



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