





EVERGREEN Disability Care

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CHICKEN FETTUCCINE CARBONARA

**PRICK & MICROWAVE
FOR 6 MINUTES**



Ingredients

Sauce (Water, Slow-Cooked Chicken (8.5%) (Chicken, Water, Modified Maize Starch, Salt), Cream, Onion, Milk Powder, Bacon (3.5%), Modified Maize Starch, Parmesan Cheese (1%) (contains Milk), Garlic, Canola Oil, Salt, Flavouring (contains Milk and Soy), Yeast Extract, White Pepper, Parsley), Cooked Fettuccine Pasta (33%) (Water, Durum Wheat Semolina)

Nutrition

Serving Size: 375g

	Quantity per Serving	Quantity per 100g/100mL
Energy	Approx. 1630kJ	Approx. 435kJ
Protein	Approx. 23.3g	Approx. 6.2g
Fat, Total	Approx. 12.4g	Approx. 3.3g
-Saturated	Approx. 6g	Approx. 1.6g
Carbohydrate	Approx. 44.6g	Approx. 11.9g
-Sugars	Approx. 6.8g	Approx. 1.8g
Dietary Fibre	Approx. 2.3g	<1g
Sodium	Approx. 844mg	Approx. 225mg



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