





EVERGREEN Disability Care

 services@evergreendisabilitycare.com

 www.evergreendisabilitycare.com

BUTTER CHICKEN

**PRICK & MICROWAVE
FOR 7 MINUTES**



Ingredients

Cooked Rice (49%) (Water, Rice), Butter Chicken Sauce (34%) (Tomato (16%) (Reconstituted Tomato Paste, Diced), Water, Cream (4%) (contains Milk), Thickener (1422), Brown Sugar, Butter (1%) (contains Milk), Onion Flakes, Spices and Herbs, Skimmed Milk Powder, Salt, Garlic, Ginger, Roasted Cashew Nut Paste, Colour (160c), Butter Flavour (contains Milk), Lemon Juice Concentrate), Marinated Chicken (17%) (RSPCA Approved Chicken, Water, Ginger, Garlic, Vinegar, Canola Oil, Colour (160c), Salt)

Nutrition

Serving Size: 375g

	Quantity per Serving	Quantity per 100g/100mL
Energy	Approx. 1870kJ	Approx. 500kJ
Protein	Approx. 19.9g	Approx. 5.3g
Fat, Total	Approx. 6.8g	Approx. 1.8g
-Saturated	Approx. 3.4g	<1g
Carbohydrate	Approx. 74.6g	Approx. 19.9g
-Sugars	Approx. 5.6g	Approx. 1.5g
Dietary Fibre	Approx. 2.3g	<1g
Sodium	Approx. 529mg	Approx. 141mg



Evergreen Disability Care PTY LTD
26 Lockwood Rise
Lynbrook Victoria
Australia 3975

